



世界最宜居的城市

編輯手記

涼風送爽，冬天又至，又迎來了第二十四期匯言報。在這動盪的時刻，不少人都在思考怎樣的城市才是最理想，所以本期我們因應大眾關心的熱門話題，探討世界最宜居的城市。

全球知名的研究組織《經濟學人智庫》，早前公布了「2019 年全球最適宜居住的城市」，奧地利首都維也納以接近滿分的99.1分連續第二年拿下榜首。更值得一提的是，在另一個來自於市場調查機構《Mercer》所發表的「2019 全球生活品質」的報告中，維也納同樣位居第一，而且已連續蟬聯十年。維也納氣候適宜，環境優美，彷彿置身於一個美麗的公園中。此外，維也納交通環境便利，古典音樂氣氛濃烈，是大家嚮往的旅遊勝地和宜居城市。試想一下，有誰不想居住在社會穩定、經濟發達、民風純樸的城市呢？

優質的城市有賴大家共同努力營造，大家都生於斯，長於斯，盼望大家都可以將香港打造成一個理想城市。

5A 張瑩

世界最宜居住的城市

全球最宜居城市是經濟學人智庫 (Economist Intelligence Unit) 通過對全球140個城市進行每年兩次的調查，並根據該地穩定性 (25%)、醫療保健 (20%)、文化和環境 (25%)、教育 (10%) 和基礎設施 (20%)。等指標進行評估評選出來的結果。經濟學人智庫早前公布2019年度「全球宜居城市指數」的報告，維也納取得99.1分，再度蟬聯冠軍，登上全球最適宜居住城市寶座。澳洲墨爾本、悉尼、日本大阪和加拿大埃布爾渥省南部城市—卡加利分別奪得第二至五名。

5A 羅詠詩

維也納除了因為豐富的音樂歷史遺產而被稱作「音樂之都」，也因為它是世界第一個心理治療師西格蒙德·弗洛伊德的家鄉而被稱作「藝之都」。該城市最早是凱爾特人和羅馬人的定居點隨後逐漸轉變為中世紀及巴洛克時期的都市，接著成為奧匈帝國的首都。眾所周知，從古典主義時代至二十世紀初期，維也納是具有領導地位的歐洲音樂中心。維也納歷史中心有著豐富的建築群，包括巴洛克式的城堡和花園、十九世紀末期環城大道上雄偉的建築物、雕像以及公園。

維也納可謂集合古典、藝術、文化、自然於一身，它的景色漂亮，尤其是阿爾卑斯山一帶美得像仙境。維也納聖伯多祿教堂、聖蒂芬大教堂、中央咖啡館、格拉本大街也值得一遊。

今年全球宜居城市指數首度將氣候變化衝擊納入影響宜居程度的指標，印度首都新德里和埃及首都開羅都因「空氣質素惡劣、平均溫度惱人和供水不足」，分別排在第118位和125位。倫敦和紐約仍難擺脫犯罪和恐怖主義風險的陰霾，加上基礎設施負荷過重，分別排第48及58位。

世界最宜居住的城市指標可以作為一個參考，香港的排名由2018年的第35位跌至2019年的38位。綜觀香港的各项因素，香港在各方面的指標須多加改善，才有機會躍升。

一個美麗的城市能令人愛上，也能讓人感到要好好保護，希望大家也能好好愛護香港這一個家。



亞洲最宜居住城市—大阪

在「2019全球最宜居城市」中，排名最高的亞洲城市為排在第四的日本大阪，成為亞洲第一。雖然大阪市的人口僅有約270萬，但人均GDP卻是全日本第二。大阪擁有便利而高質的交通樞紐，運輸系統完善。另外，大阪的治安良好，犯罪率低；而物價便宜，生活成本低，人們的生活水平高。另外，日本擁有先進的醫療技術，尤其高端醫療設備高度普及，技術先進，為人民帶來福音。大阪重視幼兒教育，日本很多職業女性結婚後，大都會離職專心照顧兒女，因此大阪在良好的育兒環境下，人才得以培育。

放眼看世界

5D 謝婉瑩

自然之都—墨爾本

墨爾本是澳洲第二大城市，有「花園之州」之稱。墨爾本綠化覆蓋率高達百分之四十，連續多年被聯合國人居署評為最適合人類居住的城市。維多利亞式的建築物、電車、歌劇院、畫廊、博物館以及綠樹成蔭的花園和街道構成了墨爾本市典雅的風格。它坐擁寧靜的亞拉河谷，宛如一個頭戴多頂皇冠的婀娜女子。澳洲企鵝、袋鼠和無尾熊令人喜愛，也成為該地的受保護動物。假如有機會去墨爾本的話，謹記要去大洋路去看十二門徒石啊！



全球最不宜居住的城市

—委內瑞拉



全球最不适宜居住的城市中是近期頻頻登上國際新聞版面、示威不斷、沒水沒電、國民紛紛逃離的委內瑞拉首都卡拉卡斯(西班牙語:Caracas)。卡拉卡斯人口超過700萬，該城是全世界謀殺率最高的城市。大行的謀殺與其他暴力犯罪都不會破案，而處身在卡拉卡斯周圍山丘上的貧窮社區是非常危險，人員安全也大受威脅。而委內瑞拉政局動盪加劇亦令大量民眾走上街頭，所以生活在卡拉卡斯的市民叫苦連天。

你心目中哪個城市最宜居住？

5A 鄧嘉寶

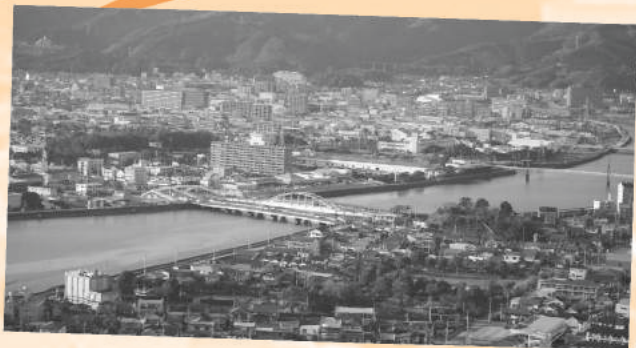
訪問對象：林瑞華老師

我認為宜居的城市當然就是香港，俗語說「麻雀雖小，五臟俱全」，雖然香港只是彈丸之地，但甚麼也有。香港有七成的地方是郊野公園，讓人可以放鬆身心，而且無論是交通或是其他服務都是非常的周全。這裏的人和語言是我們所熟悉，也是我一直居住的地方，所以陌生感沒有那麼多，令我感到安全。雖說香港人多地少，環境也不是特別好，但是每個地方都有好壞之處，但我還是認為香港是一個不錯的居住地方。



訪問對象：李秀英老師

我最想居住的城市是日本大阪的高知市。因為在那裏屬於鄉野，環境寧靜，可以令人親近大自然。該地空氣清新，令人身心舒暢，可以定居當地。雖然心靈若我退休後，有機會在那裏旅遊，例如非有兩次令我印象深刻的旅行經歷，一次是當我常在目擊上拿著三十吋的行李箱，當我舉步艱難時，我在目擊上拿著三十吋的行李箱，當我舉步艱難時，未尋求幫助時，車站的職員便主動將我的行李箱搬去另一邊月台了。另一次是我住在山上酒店的老闆十分親切友善，讓我搭了趟順風車去到山下，因為這些原因令我喜歡高知市。



訪問對象：譚偉健老師

我認為紐西蘭奧克蘭是最宜居住的城市，因為奧克蘭是紐西蘭第一大城市和最大的港口城市，同時它也是世界最發達的城市之一，它連續多年被評為世界上最宜居住的城市之一。該地有發達的經濟，怡人的環境，高水準的生活和迷人的風景，街道整潔，而且該地溫和的氣候是每個人嚮往奧克蘭的原因，所以，走的綠化也是世界知名，可以說處處是綠地，對我來說可在奧克蘭的街頭能讓人心情隨時轉換，對我來說可說是一種享受。此外奧克蘭的生活節奏比較慢，與香港不同，相信在該地生活會較為舒適。



訪問對象：尤君老師

說到最宜居住的城市，我認為首選當然還是香港，原因是這裏各項的社區服務多元化，而且生活方便，娛樂、運動等方面多姿多采，令生活豐富。再者是這裏很多商店都是二十四小時營業，所以市民不用怕夜半時肚子餓，可以去買夜宵。加上我住在青衣，那裏的海岸公園也挺漂亮的。相比起日本，該地的住宅區會劃分成一個個區域，超級市場與便利店距離民居較遙遠，令市民無法輕鬆購物。有一次我去北歐旅遊，雖然那裏的生活是寧靜且舒服，令人感覺休閒，但是當地的夜晚卻變無聊的，相比熱鬧的香港，我還是喜歡這裏。



Hot Topics in the World

World Ideal Cities

SD Eric Li Hoi Hin

When talking about the world's most ideal city to live, Vienna, in Austria, must be the one under the spotlight. It is famous for its gorgeous architecture, as well as the green environment and the typical coffee houses. But what makes an ideal city, ideal?

Happiness is, of course, one of many essentials to fulfil the criteria of being an ideal city. Without the joys, citizens would then lack motivation in working or spending money, and they would do whatever it took to make the city a better place to live.

What affects their happiness then? It can be viewed from different perspectives, but in this article, I'll only be discussing how the cultural and environmental aspects can change someone's opinion on a city, and further showing that when all the trivial things add up they can make an impact on whether the city is suitable to accommodate people.

Starting with culture, an ideal city should respect and retain its unique civilization. Take Vienna as an example, its history can be traced back to around the first century AD when the Romans established the military camp Vindobona. Since then, many grand buildings such as Ringstrasse, Hofburg, and Schloss Belvedere, were established as one part of the cityscape, yet its charm from the ancient Habsburg Monarchy still remains nowadays. Citizens living in a city where they have resided since their birth have a sense of belonging. You may feel the same way as them when you stay at your place - feeling like nowhere else is able to make you experience that vibe of "home", where everything seems to belong to you. That sense of belonging is the key to make an ideal city, ideal as being comfortable makes a person feel cosy and warm, which leaves them happy.

By applying the above logic to the environmental aspect, it seems that we have found everything we need to know what makes an ideal city, ideal. Instead of relooking at Vienna, Melbourne in Australia seems to be another great ideal city to check out. Melbourne has clean air quality and doesn't suffer from high levels of air pollution, the same goes for the quality of water. Moreover, their government makes the sustainability of living as a citizen their priority, and they encourage their citizens to recycle plastics to avoid buying packed products. This allows people to take actions to combat global warming, and when everyone joins together, what seems to be trivial is not trivial anymore. That connection of people, plus the conditions of living are what makes people have a sense of belonging or feel content, which links up to one of the many criteria for making an ideal city ideal - happiness.

While culture and environment seem to be trivial, both of them can make a huge impact on deciding if the city is suitable to accommodate people or not. Hong Kong, as a cosmopolitan city, should also take account of those ideal cities out there when it comes to urban planning and the city's development.





文海試航

《一條河的隱秘》

4C梁穎思

人有悲歡離合，月有陰晴圓缺，河也有湍緩清濁。它像是連接牛郎與織女的階梯，也像
是把我和他牽引著的紅線，也許我們都站在河道的兩端，但卻永遠不知道那就是對方。

我們會在世俗繁囂中迷失方向，因為害怕失敗而停滯不前。這樣看來河水似乎比我們更
勝一籌，或許河水自己也不知道前路是否險峻，不知下一步會到達何處，但它從來沒有停止
過前進，反而連綿不斷，勇往直前，蒸發後又會再次化為水滴落下，這種堅韌不拔的態度是
否也值得學習呢？

河水它像歲月，匆匆流逝，悄無聲息，偏偏一去不返，雖然循環不息，但無法去回，像
凋謝了的花不能重勃生機，像發出了的箭不會回來。它也許敵得過狂風暴雨，但卻敵不過歲
月遷移，時光流逝，而這些往往在不知不覺間匆匆溜走。

柔和的陽光把粼粼盪漾的河面染上了閃爍的銀光，淡淡的，在寂靜中更有一番淒美，如
一位透明的仙子在河面上翩翩起舞。然而這般陽光帶給河水的 暖來得快也走得快，像我們
的快樂一樣善變。但不論晝夜，水面上那道銀光卻一直存在，彷彿光從未開過，光的溫暖仍
然停留。

河水它像是生命，潺潺的，涓涓細流，一步一步地向前邁進，會遇到分岔的路口，河中
分開了，又融合了，最終到達的會否是陶淵明所寫的世外桃源？還是流入大海與自然融為一
體，喚醒大地，化為縷縷悄悄驅走炎夏，像蜂蜜般 柔滋潤花草樹木的傷痕。

冰心說過：「眼淚來由心靈的溪流，若果沒有這條溪流，生活也不能常青。」然而這條
溪流是獨一無二的，它在無人的世界靜靜流淌，它包含著人們內心深處的情感，不管是愉快
還是不愉快的，都會幻化成溪水滔滔細流。雖然這溪流永遠永遠不會結冰，但會不會流著流
著，慢慢被沖淡，被人們淡忘，它所去過的經歷的卻是如此的珍貴分岔的河口也許就是它本
來的模樣，無論將會到達何處，順著它的方向勇邁進，我深信不會是錯的。

其實河水是否也寂寞的？它是所有海洋生物的另一個母親，它承載無數的生命，人們關
心的到底是河水被污染了，還是河水被污染了，裏面的魚和生物都會死亡，河水雖然從無怨
言，但面對這樣的事實它卻無能為力保護自己的孩子，誰關心過河水？甚至連河水也不曾關
心自己。河水有混濁的時候，但如果能看到的話，它的內心絕對是清徹的，或者河水希望到
達一個開滿蓮花的地方。

河水像是我們彼此之間的緣份，我們都在河岸上，河水串過很多不同的地方，無意串起
了我們，可悲的是你卻在對岸某個遙遠的地方，我們是注定不能相見的嗎？若果是的話，我
只能把我對你的思念化為河水，一點一滴順著河流流到你的身邊，但當這份思念流到你身邊
時你往往與它擦身而過，因為你不知道那是我對你的思念嗎？但很誠實，當我身邊流過一份
思念時我並沒有捉緊，反而三番四次撫心自問：「那是你給我的嗎？」

這份思念很簡單純樸，若果你有等待我的內心，即使多複雜，我願意順著這條紅線，來
到你身邊捉緊你，而不是捉緊這道互相傳送思念的媒介。不管多遙遠，即使我們有緣無份，
那就讓我親手創造只屬於我們的「份」吧。



Student Contributions

REUSE • REDUCE • RECYCLE

Suggestions on Making the School More Environmentally Friendly

CHAN Fei-yeung 6D

Reduce the amount of paper used in school

The forest has been so heavily logged that it is in danger of disappearing. For the sake of environmental conservation, I suggest advocating the reuse of paper. Everybody at school, including schoolmates, teachers, and secretaries, should be advised to reuse papers. They should use up both sides of the paper before discarding those papers. Moreover, I suggest the use of Information and Communication Technologies. For instance, one or two students could share an iPad. They may use the iPad to finish their classwork, assignment. This can reduce the amount of paper used in the lessons.

Recycle plastic bottles, aluminium cans and scrap paper

Since it is difficult for the plastic and aluminium to decompose, recycling bins should be set up in all classrooms. For the sake of being user-friendly, the three-coloured recycling bins should be placed right next to the rubbish bins. Another suggestion is that the number of rubbish bins should be reduced. Only one rubbish bin should be installed in each corridor so that students are discouraged to throw their rubbish to the rubbish bins out of convenience. This improvement can raise public awareness regarding the importance of recycling. In the meantime, it can also develop their habits of environmental conservation.

Save electricity

Besides the above, it is strongly recommended that interdisciplinary activities be organized so as to emphasize the significance of energy saving. For example, the survey concerning the structures of the school could be conducted by the students who study Geography. Subsequently, solar panels or wind turbines could be designed and produced by students in the Design and Technology Club. Afterwards, the data could be calculated by students who study Mathematics, and the theory of how to run renewable energy resources could be studied by students who study either Geography or Physics. The combination and cooperation of several subjects are able to foster students' interest in understanding what energy saving is as well as what energy saving can bring to us. Moreover, an award-winning programme should be set up for students to engage in. Prefects and Green Ambassadors should patrol and inspect the classrooms every time the students leave. They should ensure that the lights, fans, air-conditioners, etc., are switched off. The class with the fewest number of demerits or, in other words, with the highest scores could win the Award of the Greenest Class each month. This programme could provide students with incentives to save energy, especially electricity, on their own initiative.

NEWS REVIEW

THE WORLD'S MOST LIVEABLE CITIES

3D CHEUNG HENRY HO SUN

HAVE YOU EVER WONDERED WHICH CITIES ARE THE BEST TO LIVE IN? SEVERAL SURVEYS, SUCH AS MONOCLE'S 'MOST LIVEABLE CITIES INDEX' AND THE ECONOMIST'S INTELLIGENCE UNIT'S 'GLOBAL LIVEABILITY RANKING', HAVE TAKEN THE TIME TO COMPARE THE WORLD'S MANY CITIES BASED ON FACTORS LIKE ADEQUATE LIVING CONDITIONS, A SENSE OF COMMUNITY, AND AN ENVIRONMENT TO BUILD A SENSE OF IDENTITY AND SOCIAL SKILLS.

ACCORDING TO MONOCLE, ZURICH PLACED THE FIRST DUE TO IT'S SAFETY, HYGIENE, AND TRANSPORT, WITH TOKYO AND MUNICH IN SECOND AND THIRD PLACE RESPECTIVELY IN 2019. FOR ECONOMIST'S INTELLIGENCE UNIT, THE TOP THREE OUT OF THE WORLD'S 140 WERE VIENNA, MELBOURNE AND SYDNEY, WHICH SCORED POINTS HIGHER THAN 98 ON IT'S GLOBAL LIVEABILITY INDEX, WHICH IS GIVEN BASED ON STABILITY, CULTURE, HEALTHCARE, ENVIRONMENT, EDUCATION, AND INFRASTRUCTURE. HONG KONG PLACED 38TH ON THE LIST, AHEAD OF SINGAPORE WHICH PLACED 40TH. HOWEVER, HONG KONG HAS DROPPED, CONSIDERING IT WAS 35TH LAST YEAR.

BEFORE WE PACK OUR BAGS AND MOVE TO ZURICH, THOUGH, WE SHOULD ACKNOWLEDGE THE FACT THAT THESE RANKINGS COULD BE AFFECTED BY THINGS LIKE PERSONAL OPINIONS OF THE SURVEYORS, OR DIFFERING FACTORS CONSIDERED IN THEIR RESEARCH. DESPITE THE DIFFERENT RANKINGS FROM DIFFERENT GROUPS, WE CAN AGREE THAT A GOOD CITY REQUIRES A GOOD ENVIRONMENT, CULTURE, AND A GOOD DEGREE OF SAFETY, ALONG WITH OTHER THINGS LIKE EDUCATION BEING IMPORTANT TOO.

IN CONCLUSION, WE CAN LEARN FROM THESE PLACES IN WHAT MAKES A LIVEABLE CITY.

Name of the movie:
The Lion King
Director:
Jon Favreau

Movie Review



Have you ever watched a movie that talks about a lion? For me, I have watched a movie called The Lion King, which is a Disney remake of a cartoon movie. It is a popular movie in Hong Kong, America and Taiwan.

The Lion King which has been a cartoon is then changed into a live-action movie. But the storyline doesn't have any significant changes. But from the innocence aspect, I think cartoon version is better than the live-action one. The live-action version can show the real animals habits though.

I think no matter whether it is the cartoon or live-action movie, the most touching part is the same. It is when Mufasa and Simba dash in the canyon and Mufasa passes away in this dash.

Not only is this part touching, also it lets us have a new worldview. This is when Mufasa explains to Simba the worldview of reincarnation and endless life. Maybe we can't understand it now. Someday, we will.

I strongly recommend this movie to all of you. Maybe you can learn something from this movie. I hope you enjoy my review. Thank you!

2D Choi On Yi, Shaheena Ram



Song Review

Name of the song: Solo
Singer: Jennie

5D King Yeung Chong Tin

SOLO was a single released on 12th of November, 2018, by Jennie.

The first time that I listened to this song was one month after it was released, I thought that it's just like what other kpop artists had made, nothing special. Soon, I found out that I was wrong, like about 5 seconds in, when the lyrics and the translation appeared. It's meaningful and worth us listening to, as it's not just about love, it's about being yourself.

The song is not about demands and dreams, but about what we could shine, but not by one and others light. Something less, which is ourself! Everyone could shine by just themselves! We don't need to rely on others. You're unique and shining, not because you got a boyfriend or girlfriend, but because you are you!

The music video was well made as it could show the change of the atmosphere in the lyrics. Also, the scenes are so interesting. The palace, the pool to the street and the laundry shop, and every scene could tell you the emotional changes in her heart.

I would recommend this song to others who are trying to find their own value, this song will tell you that you are you and that's your one and only charisma and value! You don't need to be with others to shine, you could shine, just on your own!

文化閣 文化追蹤



節目名稱：薩爾斯堡木偶劇院《仙樂飄飄處處聞》
演出地點：元朗劇院演藝廳
演出日期：2020年2月29日及2020年3月1日
售票處：城市書院圖書票處

以奧地利為背景的音樂劇《仙樂飄飄處處聞》風行六十多年，劇中的木偶戲《The Lonely Goatherd》靈感正是來自國寶級的薩爾斯堡木偶劇院！劇院於2016年獲聯合國教科文組織評為世界非物質文化遺產，今年一家大小毋須長途跋涉，在元朗劇院便可與一眾可愛的木偶度過開心愉快的時光。

劇院製作的《仙樂飄飄處處聞》於2007年首演，將貝留修、瑪利亞和海軍少校馮崔普及其七個孩子一家的溫馨故事濃縮成九十分鐘的精采演出。透過一眾木偶師的巧手操控逾五十個特製的可愛木偶，呈現幕幕窩心的場景，加上琅琅上口、家喻戶曉的優美歌曲：《Sixteen Going on Seventeen》、《Do-Re-Mi》、《Edelweiss》及《My Favourite Things》等，令人熱切期待！



好書推介

書店為何迷人？因為經歷時間的刻痕，因為專注閱讀的表情，因為執著主觀的選題，因為迫切傳達出非讀不可的愛意……就是這些原因，書店成為文化的載體，帶領書迷沉醉在書本的世界裏。

《書店時光——世界夢幻書店巡禮，品味入與書交織的知識氣息》的作者走訪了世界各國，並蒐得三十三間極具個性的書店，例如有號稱「倫敦最美麗的書店」但特書店，在店內挑選書籍就像是在旅行，顧客徘徊在書架之際，也能深切感受到大英帝國的傳統面貌；還有在荷蘭阿姆斯特丹的曼多設計書店，身穿黑西裝的男性店員，在充滿現代感的黑色書本環繞下，販售關於視覺傳達設計的書籍。在這間「黑色書店」裡，隱藏著神秘的氣息；還有在巴黎的霍特絲書店，顧客可以一邊飲葡萄酒、一邊閱讀的美麗的書，在霍特絲書店的復古空間裏，溫暖的燈泡照射著書架，人們休閒地討論書本的內容。

我們不妨在假日走進書店，讓自己享受書本廣闊無垠的世界。

電影介紹

《中國機長》是一部於2019年上映的中國傳記劇情電影，電影根據四川航空8633號班機事故改編，由香港導演劉偉強執導，並於2019年9月30日上映。

這是一部由真實事故改編出來的電影，故事發生在2018年5月14日，四川航空3U8633航班在萬米高空內過了強風、低溫和缺氧的危急狀況，最後機長在生死關頭內成功確保了機上全體人員的生命安全，創造了世界民航史上的奇跡。機長的名字令人既熟悉又陌生，每次乘機在飛機上都能聽到空中服務員介紹機長的名字，但乘客卻見不到他真人的樣子。機長有強大的使命，他肩負起著幾百人的生命，在每次飛行都要確保將所有人安全送到目的地。

機長也可以說是天上的英雄，他著堅守著所有人的生命，這部電影便能體現出機長對生命和責任的敬畏和執著，值得大家一看啊！

20 陳樂兒



第二十四期編輯委員會

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蔡安兒(2D)、雲軒雅(2D)

編採部組長★



新書推介
書名：《書店時光——世界夢幻書店巡禮，品味入與書交織的知識氣息》

作者：清水玲奈
出版社：悅知文化
出版日期：2012年5月



電影介紹
電影名稱：《中國機長》
導演：劉偉強